



Dear Dharma friends

In view of the great potential for the spread of Covid-19 and the severe health risk to certain segment of the population, as well as due to official regulations, we have decided the following:

**Cancellation of the courses (more information will follow as soon as possible)**

- 20.09 from 1 to 5 April 2020

- 20.10 from 9-18 April 2020 Easter course with both partial courses, and

- 20.11 from 23 to 26 April 2020

**We will keep you updated regarding subsequent retreats via this website and with e-mails to those who have existing bookings.**

**Thank you for your patience and understanding.**

What this means for the people concerned:

Those registered for this retreat will be informed immediately by e-mail.

In the weeks following the cancellation of the course, the amount paid for the course will be refunded, credited or can be donated to the center.

Depending on the duration of this exceptional situation and the number of retreats that have to be cancelled, it will mean an acceptable or critical financial loss for the running of the center as well as for the house team.

We are very grateful for a donation of a part or even the whole course amount.

General donations to one of our accounts are also accepted with great appreciation.

For the teachers, who for the most part make their living exclusively or at least mainly from the donations of the course participants, the cancelled courses, whether in our center or elsewhere, mean a large or depending on the length of the absence, a complete loss of income.

If you would like to contribute to supporting them financially, you can do so by making a donation to the account of the association "Dhamma Gruppe Schweiz".

These donations are not tax-deductible.

The center is not allowed to accept direct donations for the teachers.

Bank details for a donation to the course teachers:

Bank CLER

3001 Bern/Switzerland

Account holder: Verein "Dhamma Gruppe Schweiz"

«Unterstützungsfonds für Lehrende»

IBAN CH55 0844 0252 4223 8200 2

BIC/SWIFT BCLRCHBB

**Very important:** When transferring donations for the teachers of a cancelled course, please make sure to include the course number and date of the cancelled course so that the donations can be paid out to the teachers concerned. With great thanks!

**Alternatives to the retreat**

We would like to encourage people to consider a home retreat; even though the experience is not the same as a group retreat at our center, cultivating wisdom and compassion is more important than ever, and these qualities can be cultivated at any place and at any time.

Also, a daily Metta practice for ourselves and all those who are currently suffering from it near and far (and of course all other beings as well) is a way to meet inner uncertainty and possible fears with the healing quality of kindness.

May we all stay healthy and take care of each other and may there be calm and trust on our side in these turbulent times!

Meditation Center Beatenberg  
Board of Trustees & House Team

